



THS E-NEWS

December 1, 2017

ANNOUNCEMENTS

- For all junior and senior girls-CIQS 2018 will be on January 9. Sign ups will be in the guidance office by Mrs. Roy. The first 20 girls will be permitted along with a waiting list of 10 in case of replacements. If there are any questions regarding CIQS, please contact Mrs. Morrish and Mr. Davie.
- Seniors, the deadline for ordering caps and gowns from Jostens at a discounted rate is approaching. Prices increase if orders are not made by December 16. Please pay close attention to the announcements for when the Jostens representative will return. Orders can also be made online at jostens.com.
- Student fees have been entered. They are viewable on ProgressBook. Call Mary Schulte, 273-3213, if there are any questions.
- Yearbooks are in!!! Pick yours up in the main office anytime between 6:30am-3:00pm. Extras are available for \$65.
- The end of semester exam schedule is as follows:
 - Friday, December 15-- 7th Period Exam at end of school day.
 - 7th Period: 12:35pm-2:20pm
 - Monday, December 18
 - 1st Period: 7:15am-9:00am
 - 2nd Period: 9:15am-11:00am
 - Tuesday, December 19
 - 3rd Period: 7:15am-9:00am
 - 4th Period: 9:15am-11:00am
 - Wednesday, December 20
 - 5th Period: 7:15am-9:00am
 - 6th Period: 9:15am-11:00am

THS CALENDAR OF EVENTS

12/3/17-12/9/17

Sunday, Dec. 3

**Model UN to Columbus

Monday, Dec. 4

7:00pm-9:00pm

**Model UN to Columbus
6th Grade Band Concert (PAC)

Tuesday, Dec. 5

8:00pm-9:00pm

4:00pm

4:30pm

6:00pm

7:30pm

**Model UN to Columbus
TMS/THS Orchestra Concert (PAC)
Coed Varsity Bowling vs. Harrison (Away)
Boy's Freshman Basketball vs. Taylor (Away)
Boy's JV Basketball vs. Taylor (Away)
Boy's Varsity Basketball vs. Taylor (Away)

Wednesday, Dec. 6

10:28am-11:58am

7:00pm-9:00pm

7:00pm-9:00pm

Army Lunchroom Visit (Cafeteria)
Athletic Booster Meeting (Media Center)
THS Band Concert & Orchestra Concert (PAC)

Thursday, Dec. 7

7:15am-2:20pm

4:00pm

6:00pm

7:15pm

Blood Drive (Upper Gym)
Coed Varsity Bowling vs. Mt. Healthy (Home)
Girl's JV Basketball vs. Eaton (Away)
Girl's Varsity Basketball vs. Eaton (Away)

Friday, Dec. 8

4:30pm

6:50pm

Boy's Varsity Wrestling @ Edgewood (Away)
Boy's Varsity Hockey vs. Troy (Home)

Saturday, Dec. 9

9:00am

1:00pm

2:30pm

4:30pm

6:00pm

7:30pm

7:45pm

Boy's Wrestling @ Edgewood (Away)
Girl's JV Basketball vs. Little Miami (Away)
Girl's Varsity Basketball vs. Little Miami (Away)
Boy's Freshman Basketball vs. Monroe (Home)
Boy's JV Basketball vs. Monroe (Home)
Boy's Varsity Basketball vs. Monroe (Home)
Boy's Varsity Hockey vs. Archbishop Alter (Home)



Dear Students and Parents,

You just received your Practice ACT® test score...Now What?!

1. **Don't freak out!!!** Remember this score doesn't define you, and you have the power to change it.
2. **Sign up for the upcoming Boot Camp**, and boost your score! Seats are limited, and courses fill up quick!

5-Week BOOTCAMP – Prepares for ACT® Test on February 27th 2018
@ Talawanda High School

Why TorchPrep?

TorchPrep increases ACT® scores

TorchPrep works around your busy schedule

From academic rigor to test anxiety...TorchPrep takes care of it all

TorchPrep courses are high-energy and engaging

Thursdays: 1/25/18, 2/1/18, 2/8/18, 2/15/18, 2/22/18 6PM-9PM

Saturdays: 1/27/18, 2/3/18, 2/10/18, OFF, 2/24/18 10AM-2PM

Early Registration Deadline: 1/16/2018

SIGN UP HERE

Have Questions?

www.torchprep.com | 888.382.8174 | Info@torchprep.com

2017-2018 ACT® TEST DATES



2017 Test Dates Deadlines	SEP 9	OCT 28	DEC 9
Registration	AUG 4	SEP 22	NOV 3
"Late Registration	AUG 5-18	SEP 23-OCT 6	NOV 4-17
Photo Upload	SEP 1	OCT 20	DEC 1

Register at
act.org

2018 Test Dates Deadlines	FEB 10*	APR 14	JUN 9	JUL 14*
Registration	JAN 12	MAR 9	MAY 4	JUN 15
"Late Registration	JAN 13-19	MAR 10-23	MAY 5-18	JUN 16-22
Photo Upload	FEB 2	APR 6	JUN 1	JUL 6

School code: _____

The **ACT**®



Empowering Parents To Raise Their Children To Be Substance-Free

Talk early and often about alcohol, tobacco and other drugs. Even when it gets tough.



Click here to print a PDF of this article so you can start a conversation with your child

Talking regularly with youth about the dangers of alcohol, tobacco and other drugs reduces their risk of using in the first place.

Know! encourages you to share this Parent Tip with friends and family.

Learn more at:
PreventionActionAlliance.org

Know! is a program of:

Prevention
Action Alliance



Link to the article on the
Prevention Action Alliance
Facebook page



Link to the Spanish archives

Prevention Action Alliance
6171 Huntley Road, Suite G
Columbus, Ohio 43229
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Start Talking!

Building a Drug-Free Future



Know! What's Hidden in Plain Sight – Part II

This Know! Tip reveals some of the tools and tactics teens may use to hide drug use. If you suspect your child is using drugs, you should contact the Substance Abuse and Mental Health Services Administration National Helpline at 1-800-662-HELP (4357).

Hidden in Plain Sight is a substance misuse awareness program for parents and other adults that helps uncover signs of trouble. In the previous Tip, *Know! What's Hidden in Plain Sight - Part I*, we learned the importance of being aware of every child's risk for drug use, and we discovered the key role electronics play in drug-related communications.

In continuing with information presented by Officer Ben Boruchowitz of the Powell Police Department in central Ohio, we take a look at where young people get drugs, where they hide them and what parents and other caregivers can do to prevent use or intervene if needed.

Depending on the type of drug, young people get a hold of them most commonly through:

- Friends from school;
- Home medicine cabinets that are unlocked and unmonitored;
- Mid-level dealers where they meet up at gas stations, restaurants and grocery stores.

Young people hide drugs anywhere they can fit that they don't think you will look, including:

- Return air vents in their room;
- Cans, highlighters, pens, personal hygiene products, makeup, books, mattresses, toilets, etc.;
- Vehicles – if they are old enough to drive and if they have a car that is only used by them.

When it comes to monitoring your child's activities for substance misuse, prevention or if need be, intervention, Officer Boruchowitz shares the following tips:

- Lock your home medicine cabinets; get rid of expired, unused, or unwanted medicines; and monitor your over-the-counter and prescription medications – especially pain meds.
- Know who your child is with and their whereabouts at all times.
- Track your child's cash very carefully, or take it one step further: Instead of handing over cash to your son or daughter who plans on going to the movies, use a preloaded debit card and then require receipts in return.
- Search your child's room (and car – if it applies) without their knowledge – it is your right as a parent. If you warn them you are going to check, they will get rid of any evidence. If you search and find nothing, consider it great news.



Empowering Parents To Raise Their Children To Be Substance-Free

Talk early and often about alcohol, tobacco and other drugs. Even when it gets tough.



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Talking regularly with youth about the dangers of alcohol, tobacco and other drugs reduces their risk of using in the first place.

Know! encourages you to share this Parent Tip with friends and family.

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Action Alliance

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- Search their phones and devices regularly, checking browser history, text messaging, social media accounts, etc. Make them give you their passwords. Reconsider allowing your child to access Snapchat, because it is so risky.
- Check your network at home for connected devices that you have not authorized.
- Don't be afraid to use drug tests if you suspect your child may be using drugs. In fact, some parents keep a drug test in the home and the teens are aware that at any given time, mom or dad could choose to do a random drug test. The other benefit here is that this gives kids an out when it comes to peer pressure. If offered drugs, they can say, "No way, my parents do random drug tests. I'd be busted."
- Be aware that every child – even your child – could be influenced to use drugs.
- Let your child know you realize their peers are using and why you don't want them to use.

Education and open dialogue with your children about drugs is key. In fact, children whose parents talk with them regularly about the dangers and consequences of drug use are up to 50% less likely to use them in the first place.

If you suspect your child is involved in substance abuse that is beyond control, seek immediate intervention. You can start with your pediatrician and they can direct you to the best help locally.

Source: Hidden in Plain Sight. Presented by Officer Ben Boruchowitz of the Powell Police Department - 47 Hall Street, Powell, OH 43065 - Sept. 2017. Contact at bboruchowitz@cityofpowell.us

Visit starttalking.ohio.gov to get the conversation going !!!



**Winter Sports Meet The Team Night
and
Community Spaghetti Dinner
December 1st
5-7PM**



Come join the Athletic Boosters for a spaghetti dinner featuring LaRosa's and Skyline Chili.

**\$8 meal includes:
LaRosa's spaghetti, salad & drink
OR
Skyline Chili's 3-way, salad & drink.**

Winter Sports Teams will be announced before the Varsity basketball game vs. Bishop Fenwick.

Come out and support Talawanda Athletics!

****Thanks to LaRosa's & Skyline Chili****

T GO BRAVES!



DECEMBER | 2017

Talawanda High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Popcorn Chicken Bowl Mashed Potatoes with Gravy & a Roll Corn Fresh & Chilled Fruits
4 Omelet with Bacon and Spicy Spuds Biscuit Fresh & Chilled Fruits	5 Orange Chicken with Rice Broccoli Fresh & Chilled Fruits	6 Taco Salad or Soft Taco with Taco meat Refried Beans Lettuce, Tomato & Cheese Fresh & Chilled Fruits	7 Lasagna Roll Ups Tossed Salad Garlic Bread Fresh & Chilled Fruits	8 Chicken Nugget & Roll Mashed Potatoes with Gravy Green Beans Fresh & Chilled Fruits
11 Meatballs on a Sub Baked Fries Tossed Salad Fresh & Chilled Fruits	12 Grilled Cheese Chili Soup Pickle Spear Fresh & Chilled Fruits	13 Cheezy Chicken Fajitas with Black Bean Corn Salsa Lettuce & Tomato Sour Cream Fresh & Chilled Fruits	14 Rotini with Meatballs Garlic Roll Side Salad Fresh & Chilled Fruits	15 Holiday Dinner Turkey with Mashed Potatoes & Gravy Dressing with a Roll Green Beans Dessert Fresh & Chilled Fruits
18 Good luck with final exams!	19 Good luck with final exams!	20 Good luck with final exams!	21 Have a wonderful winter break!	22 Winter Break
25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	29 Happy New Year! See you on January 4 th

News

Lunch \$3.10 - \$3.50

Specialty Bar \$4.10

Students who qualify for reduced meals pay \$.40; those who qualify for free meals receive lunch at no cost.

Breakfast Available for ALL Students Daily!

Breakfast costs \$1.00. Students who qualify for reduced meals pay \$.30; those who qualify for free meals receive breakfast at no cost.

Daily Offerings Include:

- *White & Flavored Milk
- *Fruit & Veggie Bar
- *Build Your Own Chef Salads
- *Turkey, Ham, Buffalo Chicken or Chicken Salad Sandwiches
- *Hamburgers, Cheeseburgers, Pizza, & Cheesy Bread Sticks with Marinara Sauce
- *Grilled Chicken Sandwich (Monday & Wednesday)
- *Fish Sandwich (Friday)
- *Bagel with Hummus
- *Nacho Meal (Thursday)

Menu Items are Subject to Change

This institution is an equal opportunity provider.

Talawanda's Food & Nutrition Services Department